

Presented by Philip Wylie of 'Holiday & Dance' in association with HF HOLIDAYS Enjoy an HF Country House in the Peak District National Park 22nd – 25th March 2019









A WELCOME TO ALL THOSE WHO CAN'T DANCE. Holiday & Dance take pride in introducing

Ballroom Dancing to those who would like to learn or maybe return after absence. We will ensure that your 'first steps' are not only enjoyable but practical as well. Ballroom and Latin American dancing is popular with all age groups and is legend in its benefits for health, fitness, coordination and providing a happy and absorbing social lifestyle. Easy, fun, social dancing is for everyone, so firstly have a great HOLIDAY but also enjoy the fun of a 'LEARN TO DANCE BREAK'







Enjoy learning a selection of the popular Modern & Latin dances

WALTZ / SOCIAL FOXTROT /QUICKSTEP/JIVE TANGO /SAMBA /CHA CHA CHA / RUMBA



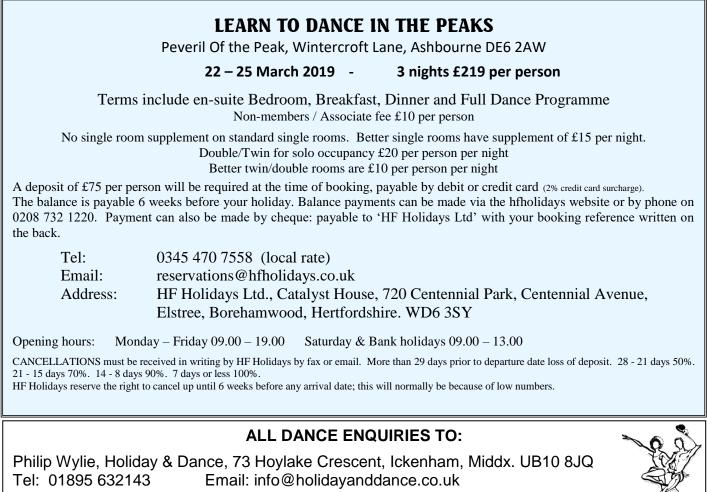
THE PEVERIL OF THE PEAK occupies a wonderful position in the village of Thorpe, less than a mile from the famous stepping stones at the entrance to the Dove Dale gorge. Named after the novel by Sir Walter Scott, it offers excellent facilities and is surrounded by extensive grounds. As 'Holiday & Dance' we are delighted to be working with the **Award Winning and highly recommended HF Holidays.**

DOVEDALE is one of England's most attractive beauty spots with its steep-sided limestone sides and tree-covered slopes and is the stretch of the valley that runs from the tiny hamlet of Milldale, down to the large car park close to the road linking llam and Thorpe. In some places the water has eroded the limestone into spectacular rock formations, like the Lion's Head and the natural archway in front of Reynard's Cave. The River Dove rises on high ground at Axe Edge, near to Buxton. Its clear waters meander southwards for 45 miles to eventually join the River Trent.

Delicious home cooked meals are served in the spacious dining room, with your favourite tipple waiting in the bar or on the terrace! **FRIDAY** You can check in to your room from 2.30pm onwards. HF Holidays invite you to join them for afternoon tea at 4pm where you will meet your fellow guests with a warm welcome to your holiday. Enjoy your evening meal in the dining room 7.15pm 8.45 - 10.30pm Let's get dancing with our first teaching session in the ballroom SATURDAY 7.45 - 9am Enjoy the start of your day with a freshly cooked breakfast and a choice of cereals, pastries and fruit. 10 - 11.30am Let's keep dancing - friendly teaching sessions for all 7.15pm Dinner is served 8.45pm - 10.30pm Music and Dance evening includes revision and new dance(s) **SUNDAY** 7.45 - 9am Breakfast is served 10 - 11.30am Dance development and revision 7.15pm Enjoy your evening meal. Our farewell dance evening with revision of all dances plus in readiness for 8.45 - 10.30pm your journey into the 'World of Ballroom Dancing' a complimentary 'Holiday & Dance' welcome pack. MONDAY 7.45 - 9am Enjoy a leisurely breakfast before your journey home

It is recommended, for satisfaction and achievement, that you book with a dance partner / friend as this can help considerably with your dance programme and of course the enjoyment of learning and practising together. Comfortable shoes that can turn easily will be of benefit.

Limited availability, please book early



Website: www.holidayanddance.co.uk





