

Issue No. 97

2020
March
April
May
June

Holiday & Dance

Presents

Going Dancing

Newsletter
for
London and
Home Counties
1993 - 2020



As spring begets summer let's enjoy the wealth of dancing available – whether participating or watching. Perhaps a friendly local Tea Dance or an evening social dance, maybe a private lesson or class plus the opportunity to view the famous 'Open British Championships' in Blackpool – our Wimbledon and Ascot rolled into one. Whatever your preference just ENJOY!

DANCE SPECIALS FOR ALL...

Sunday 1st March: SOUTH COAST CHAMPIONSHIPS. Horndean Technology College, Hampshire PO8 9PQ Full range of Ballroom competitions for all ages & levels of experience including championship. Doors open 10am Email: jamestaplin2@aol.com

Friday 13th – Sun 15th March: MOVE IT 2020 Excel London. The UK's biggest dance exhibition with more fabulous performances, professional seminars and exciting dance classes for everyone from beginners to professionals. A 3 day celebration of dance in every imaginable style from Swing to Salsa and Ballroom to Breakdance.

Fri 10th April – Sun 12th April: 2020 OPEN EUROPEAN CHAMPIONSHIPS Winter Gardens Blackpool. Presented by DPA /BDF full competition programme all ages and grades. www.dpaonline.co.uk

13th – 17th April: DANCETIME FOR SOLOS Inn on the Prom, St. Annes on Sea. Happy dance experience for those who do not have a partner. More gentlemen always welcome! Bookings direct to hotel Tel: 01253 726726. Enquiries to Mo Stewart Email: strictlyfundancer@gmail.com

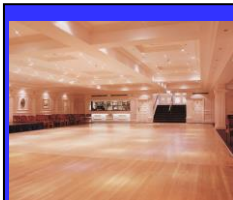
6th – 10th May: 'FREEDOM TO DANCE' Open to the World Competitions at Effingham Park Copthorne Hotel together with a 2 day innovative dance programme which includes workshops, practice and full competition programme. www.freedomtodance.co.uk

Friday 15th May: THE CARL ALAN AWARDS Copthorne Hotel Effingham Park, Nr. Gatwick. Incl. Dinner, Dance & Cabaret. info@thebestcomps.net Tel: 01342 892833

Thursday 21st May – Friday 29th May: BLACKPOOL DANCE FESTIVAL - Dancers worldwide will visit the Empress Ballroom at the Winter Gardens Blackpool to enjoy the famous Open British Championships. 1920 saw the commencement of these unique Championships followed and enjoyed by so many. Enq: 01253 625252 www.blackpooldancefestival.com

Sunday 31st May – Friday 5th June: 38th ENGLISH RIVIERA INTERNATIONAL DANCE FESTIVAL Torquay, Devon This outstanding West Country festival is enjoyed by all with its outstanding mix of social and competitive dancing. Great Ballrooms – Demonstrations by Champions – Learn & Improve sessions – Masterclasses – enhanced by dancers from this country and overseas. Five days of dancing at the famous Victoria Hotel plus Gala Dinner Dance & Cabaret at the Riviera International Centre. www.holidayanddance.co.uk Hosts James & Claire Taplin Tel: 01489 584 502

Thursday 23rd – Monday 27th July: 26th UK DINNER & DANCE WEEKEND staying at Queens Hotel Bournemouth includes Spectacular Dinner & Dance at the Bournemouth International Centre with dancing to the famous Ross Mitchell his Band and Singers plus viewing finals of the UK Championships. www.holidayanddance.co.uk



TLH LEISURE RESORT-TORQUAY

Victoria Hotel / Toorak Hotel / Carlton Hotel

Home to 11 of our dance breaks.

Renowned for its outstanding facilities, service, comfort and excellent ballrooms.

INN ON THE PROM – ST. ANNES

Home to 4 of our dance breaks. This delightful hotel on the sea front enjoys an attractive ballroom plus a great Nivens Health Club and Spa. Enjoy a dance at the Tower Ballroom Blackpool - just a bus ride away!



GOING DANCING

We print and give away 1,000 copies of 'Going Dancing' Plus via 'Holiday & Dance' we email the newsletter to over 2,000 dancers. If you would like to receive 'Going Dancing' via email, plus keep up to date with dance events, promotions and dance tips then just send us your name and email address or register yourself on 'Newsletter sign-up' www.holidayanddance.co.uk



Please bear in mind that times, dates and places can change so it is always advisable to telephone before travelling.

To register or download a copy of 'Going Dancing' please visit:

www.holidayanddance.co.uk



ENQUIRIES: Christine Parsons
Landscape, Lower Road, Loosley Row,
Princes Risborough, Bucks. HP27 0PE
Tel: 01844 275175
E: holidayanddance@hotmail.com

THE ROBERTS DANCE SCHOOL

SATURDAY DANCING AT AMERSHAM

28th March, 18th April, 16th May, 20th June

8.00 till 11.00pm £7.50

Ballroom, Latin & Popular Sequence
Licensed Bar, Free Tea & Coffee
Amersham Community Centre, Chiltern Avenue, Amersham
HP6 5AH Tel: 01494 433436

ALLUM HALL BOREHAMWOOD

Allum Lane, Borehamwood WD6 3PJ
Weekly Dancing and classes Tuesday and Thursday
Fabulous Floor - Ample free parking

Enq: David & Pat Roberts: 01923 221185
Website: www.therobertsdanceschool.co.uk
Email: dave_roberts52@hotmail.com

NWCA WINDSOR

Saturday

14th March - Mr Wonderful

27th June - David Read

8pm - 11pm

Tickets £8 in advance, £9 on the door
Ample parking, Licensed Bar

Enq: 07949 735405

For map & Club information visit
www.dancewindsor.co.uk

DANCE CLASSES

ASHTED

Ballroom & Latin American Classes. Enq: Hanna Haarala 07834 361199. Email: contact@hannahaarala.co.uk

BOREHAMWOOD

Thursday Classes and Practice at Allum Hall - (see After Six)

BUCKS & HERTS

Weekly Ballroom & Latin (plus Argentine Tango & Sequence) classes/private lessons, various levels.
Contact Graham 07582 551178 (see boxed advert)

ESSEX

DANBURY Sports & Leisure Centre. Wed / Thurs:
GREAT DUNMOW Little Easton Memorial Hall. Friday
Enquiries: 07597 697954. info@simply-the-west.com

HILLINGDON

Pam Peters - experienced teacher and former professional championship competitor available for lessons / small classes:
Tel: 01895 634207

KENTISH TOWN

Wednesday / Friday / Saturday Classes Beg - Imp.
Ballroom/Latin/Classical Sequence (see advert)

LONDON SW6

Full time dance studio with classes, lessons and celebrity coaching. Karen Hardy Studios Tel: 0871 2182341

READING/WOKINGHAM

Ballroom & Latin classes with Alan Waite. Tel: 01189 591102
Email: aj.waite@btconnect.com

WINDSOR

Thursdays: Classes & Social Dancing - See 'After Six'

BUCKS & HERTS

Weekly classes and practice sessions in Ballroom & Latin at various levels.

Private lessons available in other dance forms e.g. Argentine Tango, Salsa, Sequence dances etc.
www.gbdance.co.uk
graham.carol136@btinternet.com
Please contact Graham on:
07582 551178

DANCE AND LISTEN LIMITED

Suppliers of the essential strict tempo Ballroom and Latin music collection

www.danceandlisten.com

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Dance and Listen Limited

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Tel: 01252 629 740 - Fax: 01252 811 788
Email: music@danceandlisten.com
1987 - 2020

KENTISH TOWN

Please ring before travelling.

Wednesday
6.00 - 7.00pm Improvers
Friday
6.00 - 7.00pm Improvers
7.15 - 8.15pm Beginners
Saturday
3.00 - 4.30pm Improvers
5.00 - 6.00pm Classical Sequence

DAPHNE HARRIS STUDIO,

Luther Tyndale Church Hall,
Leighton Crescent. NW5 2QY
020 7821 0874 07891 716998

HARROW ARTS CENTRE

Saturday 29th February '20

BASICALLY BALLROOM LEAP YEAR DANCE

Enjoy an evening of
SOCIAL DANCING and CABARET
in the beautiful Grade 11 listed Elliot Hall.
7.30pm

Presented by Philip Wylie & Christine
Uxbridge Road, Hatch End, HA5 4EA
Booking office Tel: 020 8416 8989

Earlier also features
'LEARN TO DANCE'
2 - 4pm

ADDLESTONE COMMUNITY CENTRE, GARFIELD ROAD, ADDLESTONE, SURREY



BALLROOM LATIN and SOME SEQUENCE

TUESDAY 1.45 pm - 4.00 pm Admission £5.00

Please BYO Refreshments - tea/coffee available in the foyer

MARCH 3rd 17th 31st

APRIL 7th 21st

MAY 5th 19th

JUNE 2nd 16th 23rd

With Teddie Lovegrove 01784 256861

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Dance News

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E-mail: editor@dance-news.co.uk
Website: www.dance-news.co.uk

DANCING TIMES

includes

'DANCE TODAY'

Your monthly dance magazine offering a wide range of dance coverage including Modern Ballroom, Latin American and other dance styles
www.dancing-times.co.uk

ESSEX

Ballroom & Latin Classes and Practice for beginners and improvers plus private lessons

Also
Tea Dances & Social Evenings
info@simply-the-west.com
Tel: 07597 697 954
www.simply-the-west.com

DANCE PRODUCTS

MAESTRO For all your dance music: Ballroom, Latin, Salsa, Mambo, Tango, Line Dance, Sequence, Classical, Party. www.maestrorecords.com Tel: 020 8676 2008

PORTOGRAM From Home to Studio musical equipment for you - Great Sound - Great Range - Great Value. www.portogram.co.uk Tel: 01707 330887

CHRISANNE CLOVER (www.chrisanne-clover.com) Outstanding blend of couture, fabrics, dancewear and accessories all with dance in mind.

SPARKLE DESIGN (www.sparkledesignsuk.com) Ballroom and Latin American dresses of quality and value. Design service.

ARTHUR ASHMORE (www.arthurasashmoretailors.co.uk) Men's made to measure and bespoke tailoring for Modern Ballroom & Latin American. Tel: 01384 255729

GIFT OF DANCE - Whether family or friends, anniversary, birthday or celebration, a dancing gift can be a wonderful and unique choice for your non-dancing or dancing friends whether 'Learn to Dance' or one of the very popular dance holidays. Enquiries to Philip Wylie for advice and guidance. Tel: 01895 632143 info@holidayanddance.co.uk
www.holidayanddance.co.uk



GENTLEMEN

For our Special and much enjoyed SOLO packages there will be a warm welcome for gentlemen dancers of all levels of experience to join our packages at Torquay and St. Annes near Blackpool. Great and very enjoyable holidays with our popular hosts.



AFTER SIX

ADDLESTONE

SATURDAY

First Saturday of the month (except Jan & March) 4th April, 2nd May (VE Day theme), 6th June 4th July. Friendly dance with Philip, Christine & Teddie. 7.30 – 10.30pm. £7.50 incl. refreshments. Addlestone Community Ctr, Garfield Rd Surrey KT15 2NJ (Jct.11 M25). Adjacent car park. Tel: 01895 632143. Email: info@holidayanddance.co.uk www.holidayanddance.co.uk

AMERSHAM

SATURDAY

Monthly dances 28th March, 18th April, 16th May, 20th June – see boxed advert 'The Roberts Dance School' Amersham Community Centre, HP6 5AH

BOREHAMWOOD

TUES / THURS

Tuesday: 8.30 – 10.30pm Social Dance B / L & some Sequence. Thursday: 8.30 – 10.30 B / L everyone welcome (7.30–8.30pm Beginners) (8.30 – 9.30pm Improvers) Practice in the main hall 8.30 – 10.30pm Allum Hall Allum Lane Herts. WD6 3PJ David & Pat Roberts Tel: 01923 221185. www.therobertsdanceschool.co.uk

CAMBERLEY

SATURDAY

Sat 14th March Simply Swing's Ballroom & Latin Social Dance with **Live 7 Piece Band** and Cabaret. £25. 8 – 11pm. Lakeside Country Club (Canal Suite), Wharf Road, Frimley Green, Camberley, Surrey GU16 6PT. Tickets from www.simplyswing.co.uk Email: info@simplyswing.co.uk Tel: 07778 669065

DANBURY

SATURDAY

7th March, 4th April, 2nd May 8 – 11pm Member £6 Guest £7 Danbury Sports & Leisure Centre, Dawson Field Main Road, CM3 4NQ Enquiries: 07597 697954. info@simply-the-west.com

EASTCOTE

SATURDAY

2nd Saturday of the month: 14th March, 4th April (please note change of date), 9th May, 13th June 7.30 – 10.30pm £6 incl. refreshments. Eastcote Community Centre, Southbourne Gdns, HA4 9SQ. Enq: Philip 0794 138 1496 E: pjmusicanddance@virginmedia.com web: pjmusicanddance.wordpress.com

HARROW

SATURDAY

29th February Basically Ballroom 'Leap Year Dance' with cabaret 7.30 – 10.30pm in the beautiful Grade 11 listed ballroom. Elliot Hall, Harrow Arts Centre, 171 Uxbridge Rd, Hatch End, Middx HA5 4EA Tel: 020 8416 8989

OLD WOKING

THURSDAY

Old Woking Dance Club at Old Woking Community Centre, Sundridge Road GU22 9AT. B / L & Sequence social dance practice. Thursdays 8 – 10pm for couples with some dance experience. £5 per couple Enq: oldwokingdc@gmail.com Tel: 01483 821557

READING / WOKINGHAM

SATURDAY

Monthly Dances: 21st March, 25th April, 16th May, 20th June 7.30pm – 10pm £5 Loden Valley Leisure Centre, Rushey Way, Lower Earley. RG6 4GD Enq: Alan Waite Tel: 01189 591102 Email: aj.waite@btconnect.com

WINDSOR

THURS / SAT

Thursdays: Classes & Social Dancing 7 – 10.30pm. Saturday Dance: 14th March – Mr. Wonderful / 27th June – David Read. Dancing 8 – 11pm N.W.C.A. Hanover Way, Berks SL4 5NW Enq: 07949 735405 Details www.dancewindsor.co.uk

DANCE DIARY

Published quarterly with details of social dances and classes plus regular articles

Tel: 01438 840066

www.dancediary.co.uk

TEA DANCES

ADDLESTONE

TUESDAY

3rd 17th 31st March, 7th 21st April, 5th 19th May, 2nd 16th 23rd June 1.45 – 4.00pm. £5 Please BYO refreshments – tea/coffee available in the foyer. Addlestone Community Centre, Garfield Rd, Surrey. KT15 2NJ (Jct.11 M25) Tel Teddie Lovegrove 01784 256861

BOREHAMWOOD

THURSDAY

Weekly Tea Dance 1.45 – 4.15pm Allum Hall Allum Lane Herts. WD6 3PJ David & Pat Roberts 01923 221185

COLINDALE

TUESDAY

Dance Sparkle weekly Tea Dance 1.30 – 4.30pm £5, self-service ongoing refreshments. The Hyde Churches (back door), Colin close, Colindale NW9 6RT Enq: Po Ping Tel: 07786 627177 E: poppingpat@hotmail.com

EASTCOTE

FRIDAY

Weekly 1.30 – 4.15pm. Community Centre, Oak Grove, HA4 9SQ. Enq: 01895 422776 / 07785 511327 Email: donmckellow@btinternet.com

ESSEX

DANBURY, RAYLEIGH & BRENTWOOD Enquiries: 07597 697954. info@simply-the-west.com

RUISLIP

WEDNESDAY

Weekly 1.30 – 4pm 'Tea Dancing at the Vale' Ruislip Social Club, Grosvenor Vale, Ruislip HA4 6JQ Enq: Philip 0794 138 1496 E: pjmusicanddance@virginmedia.com web: pjmusicanddance.wordpress.com

WEMBLEY

MONDAY

Regular Tea Dance, 2nd 9th 16th 30th March (Tel to check further dates) 1.30 – 4.30 The Drum, Engineers Way. HA9 0FJ. Tel: 020 8937 4340

WEST DRAYTON

TUESDAY

Weekly 2.00 – 4.00pm. Community Centre, Harmondsworth Road, UB7 7EX. Enq: 01895 422776 / 07785 511327 Email: donmckellow@btinternet.com

PRACTICE SESSIONS FOR KEEN AND ADVANCED DANCERS

AVELEY PUBLIC HALL	Zoe Jeffries Tel: 07792 071287
BECKENHAM	JJ Dance Studios Tel: 07979 752215
BOREHAMWOOD	David & Pat Roberts. Tel: 01923 221185
CHEAM - Dance Options.	Tel: 020 8770 0011 (www.danceoptions.com)
ESSEX	John & Linda West. Tel: 01621 859322
HANWORTH	Teddie Lovegrove. Tel: 01784 256861
STARDOM BALLROOM W10	Tel: 020 896 01299
STREATHAM	Starlight Dance Centre. Tel: 020 8769 7314



Practice Your Dance Moves?

New moves or old moves – you are welcome at Teddie's

Weekly sessions - Bring your own partner

Mondays 8 – 10pm Ballroom & Latin practice

Fridays 8 – 10pm Ballroom only practice

Hanworth Village Hall, Park Road, Hanworth. TW13 6PN

Sprung wood floor - Car park - Please ring for full details

Enq: Ms. Teddie Lovegrove (MIDTA) 01784 256861

ENGLAND WHEELCHAIR DANCE ASSOCIATION

(established in 1974) www.england-wda.org

PARA DANCE UK (established in 2006)

(formerly known as Wheelchair Dancesport Association)

www.paradance.org.uk





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March 13 - 15 **ARGENTINE TANGO**
Ocean View Hotel BOURNEMOUTH Hosts Tracey & Leonardo

March 16 - 20 **SPRING DANCE BREAK**
Marsham Court Hotel BOURNEMOUTH Hosts: John & Linda

March 20 - 23 **LEARN TO DANCE**
PEAK DISTRICT NATIONAL PARK – Dovedale Peveril of the Peak

April 3 - 6 **LEARN TO DANCE**
SCOTLAND Alltshellach, (Glen Coe, Fort William)

April 13 - 17 **DANCETIME for SOLOS**
Inn on the Prom St. ANNES ON SEA Host: Mo

April 13 - 17 **LET'S DANCE**
TLH (Carlton Hotel) TORQUAY. Hosts: James & Claire

April 18 - 25 **HUELVA**
Southern Spain (Club Dance Holidays)

May 22 - 25 **DANCING IN THE DALES**
Newfield Hall MALHAMDALE

May 31 - June 5 **ENGLISH RIVIERA DANCE FESTIVAL**
TLH (Victoria Hotel) TORQUAY. Hosts: James & Claire

June 5 - 8 **ST. AUDRIES BAY, SOMERSET** - Scenic holiday park.

June 5 - 8 **ST. ANNES & DANCE**
Inn on the Prom Hotel ST ANNES ON SEA, Lancs. Hosts: David & Pat Roberts

June 26 - 29 **DANCING IN THE DALES**
Newfield Hall MALHAMDALE

July 3 - 6 **COME DANCING**
TLH (Victoria Hotel) TORQUAY. Hosts: John & Linda

July 23 - 27 **UK DINNER & DANCE SPECIAL**
Queens Hotel BOURNEMOUTH incl Dinner & Dance at BIC

DANCE TIP

In all forms of dance whether man or lady the carriage of the head is an important part of the performance. In Modern Ballroom the old saying 'Dance under your head' is very true; Though it is simple to say it is not always achieved by dancers thereby losing style and ease of movement. But not only this, incorrect head usage can cause you to feel heavy to your partner, upset the couples balance and result in a cumbersome or snatched rhythm.

To help improve head usage one should try for a stillness of position without strain, with a slight turn to the left for both man and lady and a proud eyeline approximately 2 inches above ones own height.

Having established a good head line it is helpful to try and maintain this by means of head tracking through all the different figures but with particular care being taken on steps outside your partner.

So dancers, head positioning will help your performance and enjoyment plus for audience appreciation the showing of style and grace.

DANCE SERVICES

IMPERIAL SOCIETY of TEACHERS of DANCING (www.istd.org) A famous teaching & examining society with a long and proud history. Can help with details of dance studios near you.

INTERNATIONAL DANCE TEACHERS' ASSOCIATION (www.idta.co.uk) Highly respected nationally and internationally teaching association. Can help with dance studios.

BRITISH DANCE COUNCIL (www.bdconline.org) The governing body for Ballroom Dancing can offer help with information on a variety of dance including classes near you.

PARA DANCE UK (www.paradance.org.uk) Offers the development of many dance styles. In addition to training courses, including teaching, the association has a national and international agenda. Tel: 0300 111 3045 Email: info@paradance.org.uk

ENGLAND WHEELCHAIR DANCE ASSOCIATION (www.england-wda.org) Formed in 1974 the WDA has brought satisfaction and happiness to many wheelchair users.

DANCE UK (www.danceuk.org) National voice for dance with wide range of contacts, linking with national government and provides advice on dance injuries.

PHOTOGRAPHERS Fredrick Frennensen Tel: 07958 080917 / Colin & Karen Brewer Tel: 01522 804046

CEROC (www.ceroc.com) Ceroc is a fusion of Jive and Salsa, originated in France and is taught under licence in this country. Visit official website for your local class

LINE DANCING (www.linedancing.org.uk) Information available on classes nationwide for all levels of experience

SALSA (www.london-salsa.co.uk) Popular dance style with individual music

SWING (www.swingdanceuk.com) Swing / Lindy Hop / Charleston / Balboa

BOXMOOR DANCE & THERAPY CENTRE (www.bailacusworthdanceschools.com) Brian & Shirley – qualified dance teachers who practice osteopathy and massage are happy to help and advise dancers with stiff joints etc. Tel: 01442 255610

SENIOR DANCE PARTNERS (www.seniordancepartners.co.uk) Free website specifically for over 35's to find a dance partner or just talk with other enthusiasts.

THE DANCERS CARING NATURAL HEALER – Pam Peters: 01895 634207 Relief from Arthritis Stiff Joints Illnesses & Injuries

BRITISH SCHOOL OF OSTEOPATHY (www.bso.ac.uk) BSO offer the community affordable diagnosis and treatment.

Humorous Quotes

Be careful about reading health books. You may die of a misprint - *Mark Twain*

I was married by a judge. I should have asked for a jury - *Groucho Marx*

Santa Claus has the right idea. Visit people only once a year - *Victor Borge*

By all means, marry. If you get a good wife, you'll become happy; if you get a bad one, you'll become a philosopher – *Socrates*

The secret of a good sermon is to have a good beginning and a good ending; and to have the two as close together as possible - *George Burns*

My wife has a slight impediment in her speech. Every now and then she stops to breathe - *Jimmy Durante*

Money can't buy you happiness But it does bring you a more pleasant form of misery - *Spike Milligan*

We could certainly slow the aging process down if it had to work its way through Congress - *Will Rogers*

Don't worry about avoiding temptation. As you grow older, it will avoid you - *Winston Churchill*

